2016-2017: SRT GOAL(s)

**Goal area #1: Socio-Emotional Literacy**

**Baseline:**

Students appear to have lost their resilience. Some students often give up too soon, and share feelings of hopelessness and being overwhelmed. Counsellors report that a high number of suicide risk assessment are being done weekly, as compared to the same time two years ago, and there is a number of students who display school avoidance due to anxiety

As per the McCreary Report and the vulnerability index (as developed collaboratively for our school, by administration, counselors, special education staff, youth worker, and Ministry Data) anxiety under our youth is significantly higher than in the past. Close to 20 per cent – or one in five – have a mental health issue.

Additionally, the office gets regular referrals for substance use, skipping, and general avoidance of expectations

Students report “bullying” when actually they need to report “inappropriate behaviours”

Students’ social media is out of control – the smut / slander is hurting school culture

**Objective:**

To collectively address our students’ mental health struggles and lack of resilience, SRT will employ strategies to foster GRIT:

Give it your all

Reflect and rebound

Identify your strength

Tackle your challenges

**Strategies:**

Every month by acknowledging (teachers will submit names to be entered his/her name into a draw for a tablet) a student who showed GRIT

Displaying posters of well known people who displayed GRIT

Getting motivational speakers to address the students at assemblies

Teachers brining in GRIT as a word/concept/theme during lessons

Staff will model GRIT

Staff will model self-reflection

Staff will encourage students to get “messy” with learning and will allow students to make mistakes.

Some selected students will attend the Jesse Miller Presentation

Boys’ and Girls’ Groups will be facilitated by counselors and CCW

A course called PSI was introduced to teach coping strategies for students who have anxiety

Student intervention team meets weekly with outside agency attending

Drug and Alcohol counselor on campus weekly.

**How would we know it is working:**

Fewer students will just give up on work; At Risk reports – academically – will reduce in numbers

Comments on report cards re Work Habits will improve – more G’s!

Students will use the examples to reflect on own circumstance
There will be fewer office referrals re academic and social issues

Students will be more responsible in their social media use

Fewer in line up at Counsellors’ offices

Fewer Suicide Risk Assessments

Fewer VTRA’s

Better relationships between students and staff

Students will improve metacognition and will, for example, independently suggest restitution as consequence.