Career Education 9 – Assignment #1 First and Last Name:_____

Unit 1: Personal Development
Take Our Kids to Work Day Alternative Assignment
DUE: Nov. 6th

LESSON REFLECTION:

There are three parts to your ***Take Our Kids to Work*** assignment. All components must be completed before submitting:

1. EXPLORE: Brainstorm & Values
2. RESEARCH: Investigating a Potential Career
3. REFLECT: Personal Connections

This assignment must be submitted as a hard copy (drop it off in the **Careers 9** letter tray by the office).

Part 1: EXPLORE

Activity #1: Brainstorm

List three things you wonder about the workplace?

1.

2.

3.

List three questions you have about choosing a potential future career.

1.

2.

3.

Why do you think it may be helpful to visit and experience what it's like to work at certain jobs before deciding your career?

1.

2.

3.

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Activity #2: What are my Values?

When we name our values, it's easier for us to act in line with them. As a family, each member can do this activity at the same time and compare your answers. If you are unsure about some of these words, ask a parent or look it up so you can best complete this activity.

Circle the five values on this list that are the most important to you:

Achievement	Fairness	Integrity	Respect
Adventure	Faith	Joy	Self-discipline
Authenticity	Family	Justice	Self-expression
Balance	Freedom	Kindness	Self-respect
Belonging	Friendship	Knowledge	Spirituality
Community	Future generations	Leadership	Sportsmanship
Compassion	Generosity	Legacy	Success
Connection	Giving back	Love	Teamwork
Cooperation	Growth	Loyalty	Tradition
Creativity	Health	Making a difference	Trust
Dignity	Honesty	Nature	Uniqueness
Diversity	Hope	Openness	Vulnerability
Environment	Humility	Optimism	Well-being
Equality	Inclusion	Perseverance	Wisdom

Write your own (if not listed)

Why did you pick these values? Explain using 1 or 2 examples.

Which ones almost made your top 5? Did you find it difficult to narrow down your list? Explain.

How can these values be reflected in a job, in the workplace? Explain using 1 or 2 examples.

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Part 2: RESEARCH

Using Google, search, select and research a job/career that is of interest to you and then answer the following questions: If you like, you can research the job that your parents, family friend or family member do for a living. You may need to use an additional piece of paper to answer these questions in detail.

1. What is the job title?
2. What is the job description?
3. Average job salary/pay?
4. What are the duties and/ or tasks performed at this job?
5. What qualifications do you have for this job in the following areas:
    a) Training?
    b) Education?
    c) Experience?
    d) Skills and attributes (personal qualities)?

Part 3: REFLECTION

Please answer the following reflection question using full sentences and details from your research as you reflect on what you learned today.

1. From what you learned, what are 2-3 things you **like** about this job?
2. From what you learned, what are 2-3 things you **dislike** about this job?
3. How do you anticipate this job changing in the next 5 years or so?
4. What are some volunteer jobs or work experience that you could explore that may be connected to the job you researched?
5. Does this job fit your core values? Why or why not? Please use a specific example when explaining.

Please remember to hand your assignment in to the Careers 9 letter tray and make sure your name is on the front of your assignment.
Thank you ☺